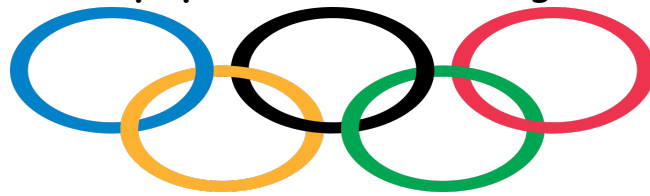


Olympic Summer Challenge



Choose to do as many as you want and try to do them with family if you can.

Please bring back to school in September to share.

Have fun!

Design a Gold, Silver and/ or Bronze medal. Once you have done this can you make them? You could use clay, cardboard or any other material you have.	Make a laurel wreath head garment like Olympians used to wear in ancient times. Can you use real leaves?	Design a new Olympic logo. It must have 5 parts to represent 5 continents. You can even make it after.	Research a famous Olympian. Remember the Olympics cover a wide range of different sports.
Make an Olympic cake or biscuits using the blue, yellow, black, green and red colours of the Olympic rings to inspire you.	Paint, draw or use another art medium to replicate a famous or iconic Olympic image. For example Usain Bolt's famous celebration.	Create an Olympic quiz with 20 questions. Then play it with your family.	Create an at home Olympic Decathlon with 10 events! The events can be anything you like for example egg and spoon, standing long jump etc.
Can you make the Olympic rings? You can use any material to make them like Lego, pipe cleaners etc.	Create a new game that you think should be included in the next Olympics. Write a letter to the International Olympic Committee (IOC) persuading them to include it.	Make an Olympic torch out of materials you have at home.	Make a table tennis set out of paper plates, lolly sticks for the bat and a balloon for the ball. What will you use for the net? Then play a game!
Make an Olympic themed Hula Hoop using the ring colours as inspiration. You could use toilet rolls, paper plates, straws, etc to make it.	Design a kit for the British Olympic team. Which sport will you make it for?	Design a tracksuit the British Olympic team can wear in the opening and closing ceremonies.	Create an Olympic word search with Olympic related words to find. Sheet 1
Create an Olympic fact file about the origins of the ancient Olympic games all the way through to modern times.	Create an Olympic collage using the flags of the competing countries.	Who is your favourite Olympian of all time? Write a biography about them and create a poster detailing all their achievements.	Create an Olympic board game. It could be a simple like snakes and ladders or one involving questions like Trivial Pursuit.

Can you on your own or with your family run a marathon...26.2 miles? BUT it doesn't all have to be on the same day and you could just walk!	Make an Olympic themed dinner. What ingredients will you choose? What will you make? Write about your meal after and why you chose certain foods.	Design and create your own Olympic obstacle course. What activities will you choose? What barriers will there be?	Make your own javelin game using straws and then either a target for them to be thrown at or simply measure who throws it furthest.
Write an acrostic poem using the letters OLYMPIC.	Choose a competing country in the Olympic Games and create a mini fact file on it.	Create a poster that teaches competitors about good sportsmanship while they are taking part in the games.	Learn how to say "hello" in the official languages spoken by some of the competing countries.
Tokyo will host the next Olympic Games. Create a tourist guide of the city.	Origami is the Japanese art of paper folding. Learn to make your own origami. Sheet 2 Also search online and YouTube for videos.	Create a mascot for the Olympic Games with Japanese influences.	Make a model of the Ancient Olympic stadium in Olympia.